



PVFSK Skills Squad

**For skaters from Skate School Classes 5 & 6,
Aussie Skate Freeskate 1 - 4 and all IJS Levels**

Our classes are designed to help skaters improve their skating skills and are made up of 2 components; **off-Ice** focusing on stretching and flexibility & **on-Ice** focusing on skating drills (edges, turns, steps and power).

Day: **Thursday weekly** (including School holidays)

- ❖ Term 1 - (4th Feb to 15th Apr)
- ❖ Term 2 - (22nd Apr to 24th Jun)
- ❖ Term 3 - (cancelled due to COVID lockdown)
- ❖ Term 4 - (21st Oct to 16th Dec)

Time: **6-7pm** (Off-Ice 6.05 to 6.25pm then On-Ice 6.30 to 7pm)

Cost: Price varies depending on the ticket type. Please visit the link below for all ticket pricing.

Payment options:

- ❖ **Term** or **Weekly** passes are available for purchase.
- ❖ ALL payments are to be made online via tidyHQ prior to attending class.
- ❖ Cash payment cannot be accepted.
- ❖ Weekly tickets can be purchased up to 7 days in advance, please endeavour to make your payment, at the latest, by 2pm Thursday.
- ❖ We accept Active Kids Vouchers for PVFSC Members only when paying by the term.

Event Link for tickets and/or more information:

<https://penrithvalleyfigureskatingclubinc.tidyhq.com/public/schedule/events>

Please Note:

- ❖ **All participating skaters are required to have their own skates.**
- ❖ Skaters are required to wear appropriate footwear (joggers) for the Off-Ice training component.
- ❖ Our Coaches are accredited members of the Australian Professional Skaters Association (APSA) and on a rotating roster.
- ❖ All enquiries are welcome via email: penrithvalleyfigureskatingclub@gmail.com